

CANDIDATE PACK

#ENGAGE

#ENABLE

#EMPOWER



THERAPEUTIC SUPPORT WORKER
OXFORDSHIRE

ABOUT SWEDA

SWEDA is a regional charity supporting people affected by eating disorders across the South and West.

Set up in 1992 by a group of people affected by an eating disorder, SWEDA has since provided a range of services for people struggling with anorexia, bulimia and binge eating.

Our services also provide support to family members and friends engaged in the difficult task of supporting someone close to them. SWEDA is a Pro-Recovery organisation based on the principles of Self-Help. We believe in enabling and empowering individuals, who choose to use our service to aid their recoveries, to live as satisfying a quality of life as possible. We are motivated by the importance of honesty, openness and trust in relationships with all users of the service.

Our Vision:

To support everyone affected by eating disorders across the South and West.

Our Mission:

We engage with people affected by eating disorders, including family, friends and carers, by offering hope and enabling access to support services to empower recovery.



OUR CORE VALUES

Compassionate

To our clients and each other

Hopeful

We are pro-recovery, believing that recovery is always possible.

Ambitious

We want the best for our clients and for ourselves.

Accountable

Holding ourselves and the people we work with to a high standard

We believe that all people:

- Have the right to feel they belong and are valued
- Should have the freedom and opportunity to make well informed decisions
- Have the power to change and manage their lives

We endeavour to provide resources and informal, non-stigmatising services, which reflect the needs of the community.

We encourage people to use SWEDA to seek information, support and guidance in order to enhance their opportunities and make informed choices about their lives through the provision of our Support & Guidance sessions, Counselling, Self-Help Groups, College Project and other services.

We are committed to offering opportunities for those in recovery to gain skills and build confidence.

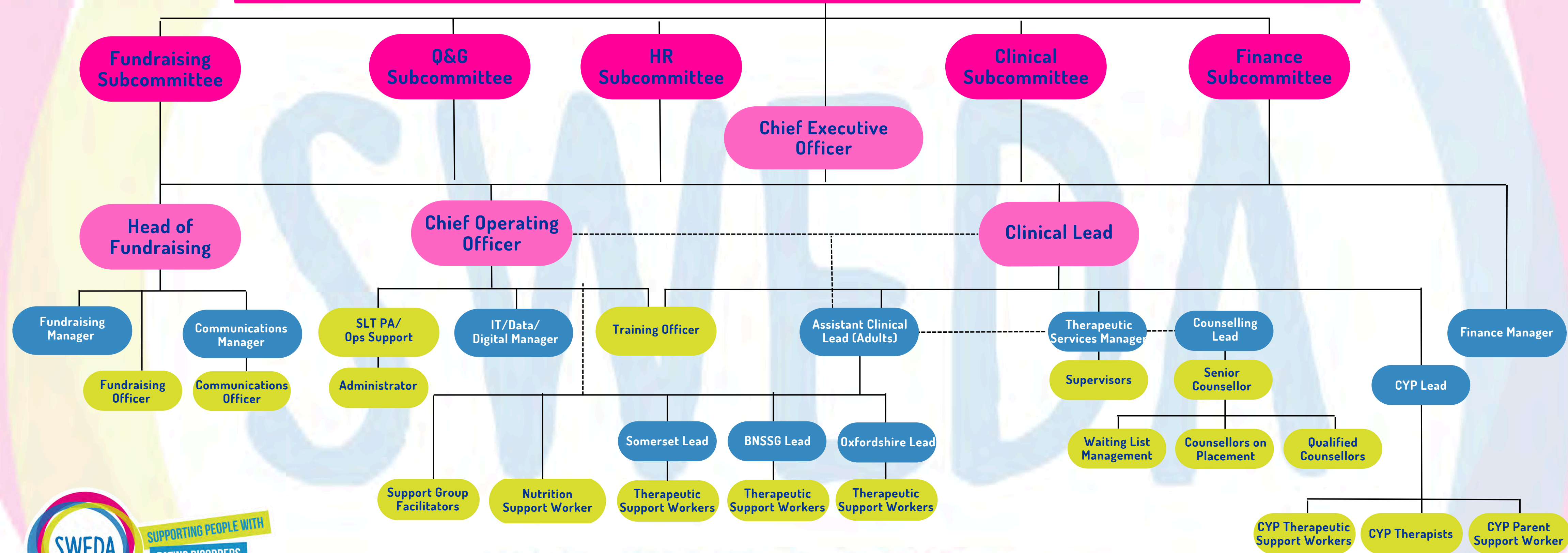


SWEDA is the best place I have ever worked - it is a creative and supportive environment, where everyone has a say and where talents are nurtured

In a recent staff survey, 100% of the respondents agreed that they were proud to be a member of staff at SWEDA



Trustees/Directors Board



Job Description

Job Title:	Therapeutic Support Worker - Oxfordshire
Office Location:	Oxfordshire (location to be agreed)
Salary:	Salary range between £26,000 - £28,500 FTE
Hours:	Up to 30 hours per week
Contract:	Fixed term until 31st March 2027, with a view to extend if funding allows
Benefits:	Leave: 25 days per annum (pro rata) plus bank holidays, birthday leave and 1 extra day after 5 years' service Cashback on healthcare Pension: SWEDA contributions – up to 8.5% Clinical supervision Flexible Working including home working CPD – 4 x training courses per year plus tailored training

Tackling eating disorders as early as possible is critical to stop them becoming entrenched. The longer they go on, the more serious the impact on health, wellbeing, and recovery.

We expanded our services across the Oxfordshire area two years ago and are looking for an experienced Therapeutic Support Worker, who will be based within Primary Care Team hubs in Banbury. You will be working alongside the NHS Adult Eating Disorder team and other local agencies, including mental health charities, colleges, and GPs, to engage with and to support people affected by an eating disorder in your area.

This will include both direct work (counselling) and the delivery of training to young people and professionals on issues relating to eating disorders

Job Description

We are looking for a candidate who has the necessary skills and experience to fulfil the following role:

MAIN DUTIES & RESPONSIBILITIES

- Provide one-to-one therapeutic interventions including counselling for people affected by eating disorders
- Provide Support & Guidance appointments and signpost to other agencies where necessary
- Ensure client needs are considered in all aspects of the service
- Raise awareness of eating disorders and encourage prevention and early intervention amongst the community
- Build constructive working relationships with other relevant professionals i.e. college staff, GP's, key workers etc
- Liaise with SWEDA's Area Lead and Chief Operating Officer to ensure the service operates in line with its project plan and objectives
- Ensure services are delivered in accordance with relevant professional standards and ethical guidelines
- Provide a holistic and personalised approach to meeting the needs of clients

OTHER DUTIES & RESPONSIBILITIES

- Support the aims and objectives of SWEDA
- Work with the Area Lead to develop opportunities for raising awareness, information sharing and training
- Provide services against agreed objectives, project indicators, plans and deadlines
- Maintain a positive working relationship with other team members
- Comply with the culture and policies governing the organisation

MANAGING SELF

- Co-operation - having a positive and co-operative attitude
- Time - meeting agreed deadlines
- Adaptability/flexibility - being open to change and variety in the workplace
- Confidentiality - being respectful of client confidentiality and compliance with SWEDA's Data Protection Policy
- Dependability - being reliable, responsible and dependable; fulfilling obligations
- Initiative - a willingness to take on responsibilities and challenges
- Integrity - being honest and ethical

Person Specification

DETAIL

ESSENTIAL DESIRED

Qualifications & Training:

Recognised therapeutic counselling qualification or be close to obtaining this

X

Listening skills

X

Group Work qualification

X

Experience:

Flexibility and ability to work on own initiative

X

Ability to work as a member of a team

X

Providing one-to-one support

X

Experience of Group Work

X

Experience of relating to vulnerable young people

X

Experience of delivering workshops/training

X

Knowledge:

Sensitivity towards and understanding of eating disorders

X

Understanding the relationship between statutory and voluntary sector

X

Sensitivity and awareness of mental health issues

X

Basic understanding of the principles of Safeguarding legislation

X

Understanding the principles of self-help

X

Key Skills:

Proven interpersonal skills

X

Computer literate

X

Excellent literacy and report writing skills

X

Self-motivated and able to work independently

X

Time management skills

X

Other:

The role may require occasional evening and weekend work

X

Full driving license and use of a car

X

RECRUITMENT PROCESS

Please apply by completing the application form and sending to admin@swedauk.org

Monday 16th February (midday): Closing date for applications

Date of interviews to be confirmed



SWEDA seeks to attract high quality applications through a fair and effective recruitment process. SWEDA is committed to fostering an inclusive workplace where diversity is valued and equality is actively promoted. We want SWEDA to be a place where different experiences, expertise and perspectives are valued and everyone is encouraged to grow and develop. Our recruitment practices are designed to ensure fair treatment for all applicants, regardless of background, identity, or circumstance. We want our team to represent the diversity of the people and communities we work with so we strive to eliminate bias at every stage of the hiring process and encourage applications from underrepresented groups. Reasonable adjustments are available to support candidates with disabilities or specific needs, and we continuously review our recruitment procedures to uphold best practices in EDI.